



HAPPY BIRTHDAY

Mitch Beard 6/15
Richard Hastings 6/15
Brian Condit 6/20



CALENDAR

- ▶ NEXT MEETING:
Glenn Lautzenhiser
Baseball enthusiast
 - MEETING AFTER NEXT:
Changing of the Guard
Jim Diffe succeeds Wayne Scoville as president
 - PREVIOUS MEETING:
Dick Brodbeck
Better Business Bureau
- MELINDA TIDWELL** | PROGRAM CHAIR



NEWEST MEMBERS

Robby Parman Tami Busby
Tom Booth

How long has it been since you proposed someone for membership?

TODAY'S SONG

Get Together Song

The more we get together, together, together,
The more we get together, the happier we'll be.
For your friends are my friends and my friends are your friends.
The more we get together, the happier we'll be.

ROTARY RECENTLY



GOOD BUSINESS, GOOD SENSE

The Rotary Club of Tupelo heard last week from Dick Brodbeck, center, of the Better Business Bureau of Mississippi. Brodbeck touched on numerous topics during his discussion, including recognizing common scams and ways to protect oneself from identity theft. Shown with Brodbeck are quarterly program chair Melinda Tidwell, left, and Rotary Club of Tupelo president Wayne Scoville.

WORTH REPEATING

"Feeling sorry for yourself, and your present condition, is not only a waste of energy but the worst habit you could possibly have."
DALE CARNEGIE

TODAY'S PROGRAM

Weston Reed Conference

In memory of Weston Reed, slated for Aug. 15, 2009

The Weston Reed Cardiovascular Conference will be held Saturday, Aug. 15, at the BancorpSouth Arena in Tupelo, from 9 a.m. to 2 p.m. This year's conference will feature free CPR/AED certification classes with a 2 year certification granted upon completion, with class times available in 1 hour sessions. Registration is going on now.

The Weston Reed Cardiovascular Conference calls attention to a little known killer, Cardiac Sudden Death, (CSD). The conference provides free CPR certification; training in the use of Automatic External Defibrillators, (AEDS); sessions by local cardiologists; and heart health exhibits and screening. Funds generated by the conference purchase AEDS to be placed throughout the community where large groups of people gather, ie: schools, sporting events, concerts, churches, etc.

Sudden Cardiac Arrest strikes approximately 350,000 people per year in the United States. Affecting nearly 1,000 victims per day (the equivalent of three full 747 aircraft), Sudden Cardiac Arrest is the leading cause of adult death in the U. S. Sudden Cardiac Arrest impacts people of all ages, includ-

FREE TESTING:

In addition to the CPR/AED certification, this year's conference will include a cardiovascular health fair with the following stations assessing overall cardiovascular health:

- ▶ Height/weight (BMI)- Body Mass Index (BMI) will be calculated.
- ▶ Blood Pressure & ABI (ankle brachial index)- Assess for high blood pressure (hypertension) and peripheral vascular disease.
- ▶ Lipid profile- Test includes total cholesterol, HDL cholesterol (good), LDL cholesterol (bad), and triglycerides.
- ▶ ECG-Six lead ECG's will be obtained using electrodes on both arms and legs to determine any presence of electrical abnormalities.

All stations and training will be done at absolutely no cost by community volunteers and certified specialists. There will be no treatment rendered on-site. Abnormal results will be referred to treatment with primary physicians.

ing many outwardly healthy individuals with no known heart conditions. 7,000 to 10,000 children die from CSD annually. Predicting who, when, or where is impossible. The only definitive emergency treatment is defibrillation, an electric pulse (shock) to the heart.

The conference is open to everyone. A minimum age of fifteen is required for the training.

NOTES & EVENTS

Want RotaryView early by e-mail?: e-mail Jason to add your name to the e-mail list, and get your copy before the meeting.

ROTARYVIEW INFO

For items to be published in RotaryView, please contact:

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Deadline for item submission is Noon Wednesday.